

# Why Southern Surgical Arts?

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*from our Patient Coordinator to You*



SOUTHERN SURGICAL ARTS

*The Art of Beauty*



Southern Surgical Arts is 100% committed to cosmetic surgery using the latest technology with minimal scarring and minimal downtime. Above all else though, Southern Surgical Arts is committed to patient safety. This means that every procedure is planned and executed according to the most stringent requirements of:

- *AAAHC standards for outpatient surgery centers,*
- *The American Board of Cosmetic Surgery,*
- *The American Board of Facial Plastic and Reconstructive Surgery,*
- *The American Board of Otolaryngology,*
- *The American Board of Surgery, and*
- *State and local health department guidelines.*

## Focus on Results

When evaluating your aesthetic needs, the surgeons at Southern Surgical Arts provide recommendations that are designed to meet your goals. Their primary objective is to perform a procedure that enhances the patient's natural beauty.

## Commitment to Excellence & Care

At Southern Surgical Arts, we aim to positively impact patients' lives through natural-looking enhancements that leave casual acquaintances wondering what's different. When you are happy with your appearance, you feel better about yourself and your life. Our surgeons have refined artistic skills, extensive experience and the latest training to provide the results that meet your goals.



We firmly believe:

- ...in providing surgical excellence, natural artistry, and outstanding patient care.
- ...in maintaining patient safety as our highest priority.
- ...in the continual pursuit of advanced training and exceptional customer service.
- ...that cosmetic surgery is a branch of medicine where surgeons blend surgical and artistic skill in a trusting doctor-patient relationship.

Demonstrating our commitment to complete patient satisfaction:

- ...we understand that every person has unique desires. We strive to meet and exceed patient expectations and address every concern.
- ...we walk hand in hand with our patients through every step of the process, from introduction to after-care.
- ...we stand to improve patient health and self-confidence achieved through natural-looking beauty enhancement.
- ...we are committed to seeing our communities thrive in each and every way.

It is not an easy decision to enhance your appearance through cosmetic surgery. These results will be long-lasting, and people will see a difference. Patient satisfaction is another factor to consider. At Southern Surgical Arts, we consistently have a 99% satisfaction rate.



*Actual patient of SSA*





*Actual patient of SSA*

Southern Surgical Arts is a partnership of two skilled surgeons who are fully devoted to enhancing natural beauty through artistic cosmetic surgery. Dr. Carey Nease and Dr. Chad Deal have performed more than 10,000 procedures since 2006. Please take a moment to browse through their patients' before and after photos on our website, [www.southern surgical arts.com](http://www.southern surgical arts.com).

Before you make a final decision about your cosmetic surgery, it would help to know a little bit about the surgeons you are considering. We would like to share the personal and professional biographies of Dr. Nease and Dr. Deal with you on the following pages.





Carey Nease, MD

- Diplomat and Trustee, American Board of Cosmetic Surgery
- Diplomat, American Board of Facial Plastic and Reconstructive Surgery
- Diplomat, American Board of Otolaryngology (Head and Neck Surgery)
- Fellow, American Academy of Cosmetic Surgery
- Fellow, American Academy of Facial Plastic and Reconstructive Surgery
- Member, American Society of Laser Medicine and Surgery
- Member, Accreditation Association for Ambulatory Health Care, Inc.
- Member, Hamilton County Medical Society
- Member, Tennessee Medical Association

## Carey Nease, MD

Dr. Nease performs a full-range of cosmetic procedures, but has exceptional talent in aesthetic surgical procedures on the face and neck. Having trained as an artist before turning to medicine, Dr. Nease paints beautiful portraits with his hands. Few surgeons can compare their artistry to his. Dr. Nease is certified by the American Board of Cosmetic Surgery, the American Board of Facial Plastic and Reconstructive Surgery, and the American Board of Otolaryngology. He has performed more than 6,000 cosmetic surgical procedures, using innovative techniques with laser technology and unsurpassed commitment to excellence through surgical artistry.

Dr. Nease's goals for his practice are to protect patient safety, deliver complete patient satisfaction and produce outstanding results. His research has been published in several aesthetic surgical journals, he has written several book chapters, and he has given numerous lectures and presentations for his peers across the country. Dr. Nease trains other surgeons from around the world. He has taught a facial rejuvenation course sponsored by the American Academy of Cosmetic Surgery and also taught a class on New and Established Techniques in Breast and Body Contouring: A Hands-On Cadaver Workshop in St. Louis, MO.

He has consistently been chosen to teach at AACS-sponsored workshops each year since 2007. He was Co-Chairman of the AACS fall symposium of cosmetic surgery in Hawaii in the fall of 2011. As a Fellowship Director



## TESTIMONIAL

“I had consultations with two other practices, but didn’t want to trust my face to just any plastic surgeon. I wanted a board certified cosmetic surgeon. Of the doctors I met with, Dr. Nease was the most informed, professional, and took the most time to listen to me. He also looked after my best interests: I was considering a major change, but Dr. Nease advised that I consider less drastic measures that are better for my health and for maintaining a natural look.”

- *A patient of Southern Surgical Arts* -

for the American Academy of Cosmetic Surgery, he provides training to ABMS-certified fellows who are either general surgeons, plastic surgeons or head and neck surgeons. He is also a board-examiner and trustee of the American Board of Cosmetic Surgery. He was named Best of the Best Cosmetic Surgeon for the last four years in Chattanooga, TN.

Dr. Nease and his wife, Pamela, live on Lookout Mountain (since 2009) and have four children who attend Chattanooga Christian School.

The Nease  
Family





Chad Deal, MD

- Diplomat, American Board of Cosmetic Surgery
- Fellow, American Academy of Cosmetic Surgery
- Associate Fellow, American Board of Surgery
- Member, American Society of Laser Medicine and Surgery
- Member, Accreditation Association for Ambulatory Health Care, Inc.
- Member, American Medical Association
- Member, Hamilton County Medical Society
- Member, Tennessee Medical Association
- Member, American College of Surgeons

## Chad Deal, MD

Hard work, determination and perseverance only begin to describe Dr. Deal's commitment to surgical artistry. Dr. Deal is certified by the American Board of Cosmetic Surgery, as well as the American Board of Surgery. With intense focus on cosmetic surgery, he has exceptional skill and artistic vision, which is illuminated in the outcomes of more than 3,000 cosmetic surgical procedures.

Dr. Deal's extensive training, experience and passion are great assets to the field of cosmetic surgery. Everything he does reflects his sincerity. He feels blessed to have the opportunity to help people make profound changes in their lives through cosmetic surgery. Since his arrival in southeast Tennessee, Dr. Deal has been publicly recognized for his work. He was selected as a finalist in Best of the Best awards for Best Cosmetic Surgeon in 2011, 2012, and again in 2013. He was also awarded the Patient's Choice Award and The Most Compassionate Doctor Award on Vitals.com.

Dr. Deal trains surgeons from around the world in courses sponsored by the American Academy of Cosmetic Surgery. He has presented his techniques for Brazilian Butt Lifts numerous times since 2011. He is known for his extensive knowledge of the body anatomy and was the cadaver lab director at the New and Established Techniques in Breast and Body Contouring: A Hands-On Cadaver Workshop in St. Louis, MO, on Brazilian Butt Lifts and Breast Lifts.



## TESTIMONIAL

“After my great experience with Dr. Chad Deal I recommend him to anyone! He is the most caring and understanding doctor I have ever met. I was worried about my surgery but he explained everything to me and made me feel relaxed. Every question I had was answered so that I could fully understand what was going on. I am so thankful for his hospitality and great personality. Every time I came in for a follow-up appointment he always put a smile on my face. Dr. Chad Deal is a fantastic doctor!”

- *A patient of Southern Surgical Arts* -

Dr. Deal is on the faculty of Southern Surgical Arts' American Academy of Cosmetic Surgery's Fellowship Program, and trains talented surgeons from around the country every year. The surgeons who finish the fellowship program are eligible to become certified by the American Board of Cosmetic Surgery. Dr. Deal is an ABCS Board examiner and is on the Written Exam Committee. In addition, he serves on the AACCS Fellowship Committee, which focuses on establishing educational criteria for AACCS Fellowships. He is also an active member of the Accreditation Association for Ambulatory Health Care, Inc., the American Medical Association and the American College of Surgeons.

Dr. Deal and his wife, Jennifer, currently reside on Lookout Mountain with their two sons.

The Deal  
Family



## PATIENT TESTIMONIALS

“My experience at Southern Surgical Arts could not have been any better! Dr. Nease is truly an artist of the face and body. He is talented and knowledgeable as well as triple board certified! In addition he is extremely pleasant, caring, compassionate, and supportive. His staff is competent and wonderful in every way! When you enter the offices, you feel engulfed in calmness and such positive energy! As far as I am concerned, Southern Surgical Arts is the only place for cosmetic/plastic procedures in the caring hands of Dr. Nease and staff!”

- *A patient of Southern Surgical Arts* -

“Dr. Deal is very patient. He takes his time and listens to all concerns then gives his honest feedback. He is very caring and takes pride in his work and it shows. One of the things I love the most about Southern Surgical Arts is the doctors are not afraid to say no or suggest a different procedure. They want every woman and man to look their best! By far the best!”

- *A patient of Southern Surgical Arts* -

“Simply put, Dr. Nease is an incredibly gifted artist who uses medical technology and techniques on the canvas of the human body. I can give Dr. Nease and his staff my highest recommendations and would definitely be a returning patient if the need/opportunity ever arises.”

- *A patient of Southern Surgical Arts* -

“Dr. Deal is wonderful along with the staff at Southern Surgical Arts!

I had several consultations regarding my breast augmentation but it wasn't until I visited Dr. Deal that I felt so comfortable and confident about having him perform my surgery. I couldn't have asked for better care! This was my first major procedure and I am so glad I chose Dr. Deal as my surgeon. I am so happy with my results and would recommend ANYONE to these wonderful people!”

- *A patient of Southern Surgical Arts* -



## Our Facilities

In addition to the benefit of our talented cosmetic surgeons, Southern Surgical Arts uses cutting edge technologies at highly-regarded accredited facilities. In addition to our AAAHC accredited surgery center at our Calhoun, GA location, we also perform procedures at the Grandview Medical Center, in Jasper, TN, and the Physician's Surgery Center at Parkridge East Hospital in Chattanooga, TN which are both accredited by The Joint Commission. In addition, our doctors have staff privileges at Memorial Hospital in Chattanooga, TN and Gordon Hospital in Calhoun, GA.

## Commitment to You

Always eager to serve your needs, we are available to answer all of your questions and address any concerns you may have in a private consultation. We have a database full of patients who would love to tell you about their great experiences with Southern Surgical Arts. Our Before and After Gallery also provides clear evidence of our surgeons' results. We feel confident that we can offer you the best possible results for your cosmetic surgery procedures.

We encourage you to ask for more information about your procedure, about the credentials of any of our staff or about the financing options available to you.



*New office opening Summer 2014*





## Rejuvenate at MedSpa

Under the direction of Dr. Carey Nease and Dr. Chad Deal, Southern Surgical Arts' state-of-the-art medical spa offers advanced cosmetic laser treatments that improve signs of aging and correct skin problems, remove unwanted hair, spider veins, and other non-surgical aesthetic concerns.

We apply the latest technology and science with a dedicated team of highly-skilled licensed nurses and aestheticians to help you reclaim healthy, beautiful skin. It is our sincere intention to make every patient of Southern Surgical Arts be treated like a member of our family. Your complimentary consultation will begin with an analysis of your skin's health followed by developing a custom treatment plan tailored to your aesthetic needs and goals.

## Medical Spa Services

### Chemical Peels:

Skin Lightening Peel	Acne Peel
Salicylic Acid Treatment	Renaissance 2 Peel
TCA Peel	Custom Blending Treatments
Jessner's Peel	

*Actual patient of SSA*





*Actual patient of SSA*

### Facials:

SSA Signature Facial	Antioxidant Vitamin C Firming Facial
Hydrating Facial Treatments	Essential Express Facial
Teen Facial	Gorgeous Decollete Treatment
Anti-aging Facial	Back Facial
Acne / Detoxifying Deep Pore Treatments	

### Add-Ons to Facials:

Treatment Mask	Microphototherapy
Microdermabrasion	Dermaplaning
Chemical Peel	Parrafin to the Hands or Face

### Skin Care:

Dermapen®	Brow Tint
MesoPen®	Lash Tint
Microdermabrasion	Injectables: Botox® & Dysport®
Dermaplaning	Facial Fillers: Restylane®, Sculptra, Juvederm®, Radiesse®
Vibraderm	Lash Treatments with Latisse®
Waxing	





### Bridal Packages:

<b>1 Week Prior</b>	10% off your choice of two or more services. Includes services such as the Dermapen, Microdermabrasion, Facials and Waxing.
<b>6 Weeks Prior</b>	15% off your choice of three or more services scheduled 6 weeks before your big day. Typical choices are Botox, Fillers, Lasers, Facials, Dermapen and Waxing.
<b>6 Months Prior</b>	20% off your choice of four or more services as early as one year before your wedding but as close as 6 months to your big day. Includes service such as Laser Resurfacing, Botox, Fillers, Laser Hair Removal, Sun Spot Removal and more.

### Laser Treatments:

Laser Hair Reduction / Removal	CO <sub>2</sub> and Profractional Laser Treatments
Microlaser Peel	NanoPeel

### Other Treatments:

VBeam Treatments	Exilis for Fat Reduction and Skin Tightening
Advanced Intense Pulse Light (Photo Facial)	Cellulite Reduction
miraDry®	

*Actual patient of SSA*



## Southern Surgical Arts Surgical Procedures

PROCEDURE	DESCRIPTION	SETTING	RECOVERY	COST
Laser Facelift	Improved appearance of face and neck	Local or IV Sedation	7-10 days	\$5,000 and up
Cosmetic Facelift	Improved appearance of face and neck	Local or IV Sedation	10 days	\$9,000 and up
Eye Lift	Improved appearance of eyelids	Local or IV Sedation	5-7 days	\$2,250 and up
Eyebrow Lift	Improved appearance of brows	Local or IV Sedation	5-7 days	\$4,000 and up
Nose Reshaping	Improved appearance of nose	IV Sedation or General Anesthesia	5-7 days	\$5,000 and up
SmartLipo™ Face and Neck	Contour neck and jowl	Local or IV Sedation	5-7 days	\$3,600 and up
Lip Augmentation	Improved lip size and shape	Local or IV Sedation	5-7 days	\$500 and up
Fat Transfer to Face	Improved volume to face	Local or IV Sedation	5-7 days	\$3,000 and up
Ear Pinning	Repositioned or reshaped ears	Local or IV Sedation	3-5 days	\$4,900 and up
Laser Skin Resurfacing	Improved appearance of skin tone and texture	Local or IV Sedation	3-7 days	\$1,899 and up
Breast Augmentation	Breast size and shape is improved	Outpatient with IV sedation and Local Anesthesia	3-7 days	\$4,000 and up



## Southern Surgical Arts Surgical Procedures (continued)

PROCEDURE	DESCRIPTION	SETTING	RECOVERY	COST
Breast Lift	Breast position is improved	Outpatient with IV Sedation or General Anesthesia	3-7 days	\$6,000 and up
Breast Reduction	Breast size is reduced	Outpatient with IV Sedation or General Anesthesia	3-7 days	\$6,000 and up
Cellusmooth	Cellulite reduction	Local and Oral Anesthesia	1 day	\$4,000 and up
SmartLipo™ Abdomen	Laser-assisted liposuction	Tumescent Local Anesthesia and Moderate IV Sedation	2-3 days	\$4,100 and up
Tummy Tuck	Removal of excess skin, fat, and tightening of abdominal muscles	Outpatient with IV Sedation or General Anesthesia	7-10 days	\$7,000 and up
Brazilian Butt Lift	Insertion of harvested fat into buttocks	General Anesthesia	5-7 days	\$9,500 and up
Vaginal Rejuvenation	Trimming of inner labia and fat injection of outer labia	General Anesthesia or Local Anesthesia	2-3 days	\$3,500 and up
Mommy Makeover	Breast augmentation (with or without lift) with tummy tuck or liposuction	General Anesthesia	7-10 days	\$8,000 and up
Mommy Makeover Plus	Breast and abdomen surgical enhancements plus Brazilian Butt Lift and/or Vaginal Rejuvenation	General Anesthesia	7-10 days	\$15,000 and up
Thigh Lift	Sculpt thighs	General Anesthesia	7-10 days	\$8,900 and up
Body Lift	Breast and abdomen surgical enhancements with optional arms, face and thigh lift	General anesthesia	7-10 days	\$15,000 and up

